

SKIN TYPING

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Name _____ DOB _____ Date _____

Please answer the following questions by circling the number which best describes your skin. Dr. Vanderlinde will go over your answers and total your score during the consultation. Thank you. ☺

My Ethnic Origin is closest to:

- Very Fair Skinned -- Celtic and Scandinavian I
- Fair Skinned Caucasians -- with light hair and light eyes II
- Pale Skinned Caucasians-- with dark hair and dark eyes III
- Olive Skinned -- Mediterranean, some Asian, some Hispanic IV
- Dark Skinned -- Middle Eastern, Hispanic, Asian, some African V
- Very Dark Skinned -- African VI

My Eye Color is:

- Light Blue 0
- Blue/Green 1
- Green / Gray/ Golden 2
- Hazel / Light Brown 3
- Brown 4

My Natural Hair Color at age 18 was:

- Red 1
- Blonde 2
- Light Brown 3
- Dark Brown 4
- Black 5

The Natural Color of my skin in areas that are not sun exposed:

- Pink to Reddish 1
- Very Pale 2
- Pale with a Beige Tint 3
- Light Brown 4
- Medium to Dark Brown 5
- Dark Brown -- Black 6

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun or tanning for a month or so prior, my skin will:

- Burn, Blister, Peel 1
- Burn, then heal with little color change 2
- Burn, but turn to Tan in a few days 3
- Get pink, then turn to Tan quickly 4
- Just Tan 5
- Just get Darker 6
- My skin is dark, I can't tell any difference 7

The last time that the area to be treated was exposed to sunlight, tanning booth or artificial tanning cream was:

- Over 4 weeks ago 1
- Within the past 4 weeks 2
- Within the past 2 weeks 3
- Within the past week 4

TOTAL SCORE _____ =

For Office Use Only

Score 0 – 3 is Skin Type I	Score 12 – 15 is Skin Type IV	Notes:
Score 4 – 7 is Skin Type II	Score 16 – 19 is Skin Type V	
Score 8 – 11 is Skin Type III	Score 20 – 24 is Skin Type VI	

Patient's Actual Skin Type Is _____ **Effective Skin Type for Treatments Is** _____